



Mothers Day Brunch Menu

Served from 10am until 4pm

Can also be served with a Special Sunday treat of

Mimosa Cocktail – Prosecco & Orange Juice - **£4**

Bucks Fizz – Champagne & Orange Juice - **£5**

Prosecco - **£4**

Craft Beer - **£3**

Homemade Nut & Grain Granola - £5.50

Thick Greek yoghurt, berries & honey (V)

Simply Toast - £2.50

Granary, brown, white, sourdough or gluten free toast served with butter & strawberry jam, marmalade, marmite, peanut butter or nutella (V,GF, VE)

Gluten Free Crumpets Or Toast - £3

Served with butter & strawberry jam, marmalade, peanut butter or nutella (V,GF)

Bear & Eden Full English Breakfast - £9

Bacon, sausage, flat mushroom, slow-roasted tomato, beans, poached, fried or scrambled eggs served with white, brown, granary, sourdough or gluten free toast & butter (GF)

Breakfast Sarnie - £5.50

Bacon, sausage or egg or any combo (GF available but not sausages)

Eggs Florentine - £7

Poached eggs, spinach & hollandaise on granary, brown, white, sourdough, gluten free toast or English muffin (V,GF)

Eggs Benedict - £7

Poached eggs, ham & hollandaise on granary, brown, white, sourdough, gluten free toast or English muffin (GF)

Eggs Royale £9

Poached eggs, smoked salmon & hollandaise on granary, brown, white, sourdough, gluten free toast or English muffin (GF)

Warm Open Bagels

- Smoked salmon & scrambled eggs - £8
- Smoked salmon & cream cheese - £8
- Bacon, avocado & poached or scrambled egg - £7
- Bacon & cream cheese - £7
- Bacon & smashed avocado - £7

Smashed Avocado On Toasted Sourdough With Two Soft Poached Eggs - £8

Add smoked salmon or bacon - £2 (V,GF)

Ham, Egg & Bubble & Squeak £9

Bubble & squeak served with 2 poached or fried eggs & ham, served with home-style fried potatoes & grilled tomatoes

Bear & Eden Veggie Breakfast - £7

Flat mushrooms, slow roast tomatoes, beans, eggs of your choice served with white, brown, granary, sourdough or gluten free toast & butter (V,GF)

Breakfast Wrap - £8

Scrambled egg, bacon & sausage served with home-style fried potatoes & grilled tomatoes

American Stack – £8.00

Fluffy pancakes served with berries or crispy bacon & maple syrup (V)

Belgium Waffles - £7

Strawberries & blueberries served with nutella & vanilla ice cream, (V)
Or banana served with nutella & vanilla ice cream, (V)

Ham & Cheese Toasted Panini- £7

Ham and cheddar cheese melted in a toasted panini

Cheese & Tomato Toasted Panini - £6

Cheddar cheese and fresh tomato melted in a toasted Panini (V)

- Ham & cheddar cheese - £6
- Brie & bacon - £7
- Roasted peppers, pesto & grilled halloumi (V) - £6
- Scrambled or poached egg topped with mushrooms & grilled tomatoes (V) - £6



Mothers Day Lunch Menu

Served from 12pm – 4pm

Mothers Day Specials

- Breaded Chicken Escalope** £9
Served with lettuce & chipotle mayonnaise served in a toasted brioche bun with cajun potato wedges
- Spicy Prawn fajita** £9
Served with avocado salsa & cajun potato wedges
- Roasted Squash, Beetroot & Feta Salad** £8
Served with an olive oil dressing, mixed grains & toasted sourdough

Salads & Wraps

- Falafel & Sweet Potato Wrap** £9
Roasted peppers, yoghurt and harissa dip, rocket with mixed grains, pomegranate & halloumi (V)
- Seared chicken & Avocado Wrap** £9
Served with tomato, cheddar cheese & harissa yoghurt served with mixed leaf salad & crisps
- Seared Chicken, Bacon & Avocado Salad** £8.50
Served with halloumi or feta and mixed grains (GF)
- Superfood Salad** £8.50
Roasted onions & peppers, sweet potato, mixed gains, pomegranate, feta, mixed leaf salad & olive oil & balsamic dressing (V,GF,VE available)

Bear & Eden House Specials

- Homemade Quiche** £7.50
Served with mixed leaf salad & crisps (Please check with our staff for daily flavour & allergens)
- Deli Boards (ideal to share)** £8.50 single
£15 double
Selection of cured meats, cheese & antipasti with toasted sourdough, onion chutney & rocket salad
- Baked Camembert (ideal to share)** £12
Served with toasted sourdough, chutney & salad (V)

Soups

- Served with our toasted sourdough drizzled in olive oil or white, granary, brown or gluten free bread & butter
- Tomato & Basil Soup (V,VE,GF)** £5.50
- Roast Chicken & Vegetable Soup (GF)** £5.50
- Add Half A Sandwich** £3
Egg mayonnaise & rocket (V,GF)
Cheese salad (V,GF)
Ham & cheddar cheese (GF)
Bacon, lettuce & tomato (GF)